

Developing a growth mindset for the workplace

CORE SKILLS

Duration: **Half Day**

Method: **Instructor Led**



Course Overview

As we learn more about the power of the mind, we have come to realise the extraordinary impact our mindset has on the way we accept information and deliver it to others. We now know praise and encouragement will change the way we learn and even has a direct impact on quantity of information we call upon to make strong and informed decisions.

The half-day session examines the needs of a change in mind to create a change in the workplace. Within a few hours you will learn about the substantial benefits of moving away from a fixed mindset and bringing yourself and teams towards a growth, opportunity driven mindset to enhance problem solving, collaboration and innovation in the workplace.

This session will cover

- Defining what fixed, mixed and growth mindsets
- The science behind learning and encouragement
- The value of a growth mindset – personal and professional
- Leading teams into a learning mindset
- Tools and techniques for spreading the word

5 reasons why you should come to the Developing a growth mindset for the workplace session

1. You have several innovation projects in the near future and are looking for ways to collaborate better
2. You'd like to unlock the potential of your team and avoid group think
3. You're interested in collaboration and design in the workplace
4. You'd like to see your team embrace change and foster excitement by increasing curiosity and an appetite to learn
5. You have had issues with evaluating the possible options and are keen to explore methods to increase your mental resiliency



LEARNING AND DEVELOPMENT
CAPABILITY BUILDING

MCBI
it is all about people